

Five Element Acupuncture

Five Element acupuncture, presented as a modern application of this traditional healing system, treats the 'person who has the disease' and is effective in chronic pain, chronic fatigue, depression, anxiety, headaches, autoimmunity, asthma and GI disorders. Employing its unique and precise diagnostic and treatment approach and appreciation of the spirit root of complex medical and psychological disorders, leads to transformative results in treating the whole person. Five Element acupuncture emphasizes each person's unique capacity for adaptation and healing and stimulates the healing response in critical illness situations.

2006 Training Program • Solana Beach, CA

PART ONE:

Methods and Principles
of Five Element Acupuncture
February 25 - 28

PART TWO:

Clinical Intensive
March 2 - 5



Who should attend.

This program, offered since 1987, is uniquely designed for physicians practicing medical acupuncture. It is applicable to any physician who desires to work with patients from a body-mind-spirit perspective and have greater comfort in dealing with complex patients. It will promote a more gratifying patient interaction and increase personal satisfaction in the practice of acupuncture. Physicians in primary care, internal medicine, gynecology, psychiatry, and pain management are well suited to utilize this approach with patients.

“Practicing Five Element Acupuncture as taught by Drs. Moss and Puhky continues to surprise and delight me. I have become spoiled by patients getting better quickly. Through this training I have become more at ease with my practice.”

*Sharon Melnick, M.D.
Psychiatry
Klamath Falls, Oregon*

F.E. Training Program

8950 Villa La Jolla Drive, Suite A217
La Jolla, California 92037-1711



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SAN DIEGO, CA

2006 Training Program

Sponsored by the

American Academy of Medical Acupuncture

Five Element Acupuncture

FOR PHYSICIANS



Increase your confidence in treating complex patients

Learn the art of treating Spirit and constitutional root

Bring greater satisfaction to your medical acupuncture practice

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www.FiveElementTraining.com

(858) 457-1314

APPROVED FOR
**30 HOURS
CME I**

“My patients tend to improve profoundly from this form of medicine and simultaneously I am aware of a personal growth and satisfaction I have never before experienced. Chuck Moss and Ron Puhky are simply the best teachers that I have ever encountered. They are enlightened mentors who encourage their students to expand their skills as they lead the way for self-discovery.”

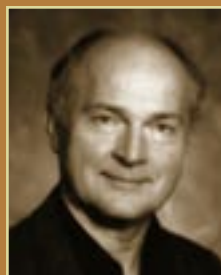
*Thomas C. Small, M.D.
Internal Medicine,
Medical Acupuncture
Buffalo, New York*

PROGRAM GOALS

- Increase effectiveness in treating chronic pain, fatigue, mood and functional disorders
- Understand the energetic ‘root’ and spirit imbalance of patients’ chronic illness
- Increase acupuncture clinical acumen
- Develop skill in pulse diagnosis and point location
- Deepen understanding of the effect of acupuncture points based on traditional functions
- Develop greater rapport and a more gratifying interaction with patients
- Help patients adapt to stress and deal with underlying aspects of illness through the Taoist concepts of ‘Knowing How’
- Achieve greater satisfaction and comfort in your medical acupuncture practice through treating patients comprehensively
- Have yourself assessed and treated regarding Constitutional Factor.



Charles A. Moss, M.D. has practiced Five Element acupuncture in a Family Practice integrative medicine setting since 1975. He holds a Master of Acupuncture degree from the Worsley College of Traditional Acupuncture, U.K. and is a Diplomate and Fellow of the American Academy of Medical Acupuncture and Diplomate of the American Board of Family Practice. Dr. Moss has been an instructor in the Medical Acupuncture for Physicians programs at UCLA School of Medicine Continuing Medical Education and is a founding member of the American Academy of Medical Acupuncture. Dr. Moss is in private practice in La Jolla, California.



Ron Puhky, M.D. has studied with J.R. Worsley since 1975, and is a certified teacher of his Five Element school. He has also studied acupuncture extensively in China and is a Diplomate of the Academy of TCM in Beijing. He was a long time advisor in acupuncture to the province of British Columbia, and the co-founder and Academic Director of the Academy of Traditional Chinese Medicine in Victoria, B.C. He has been a visiting lecturer at the UCLA Continuing Medical Education Medical Acupuncture program and is a founding member of the American Academy of Medical Acupuncture. He co-founded, in 1976, Canada’s first holistic health centre in Victoria, B.C. and practices there and at his home in a rural health clinic on Saltspring Island.

After a one-day break to explore the natural beauty of San Diego, Part Two, the Clinical Intensive, presented over four days, will focus on patient assessment, clinical skills and treatment planning. Attendees’ patients can be brought to the program for treatment. Part Two will also include attendance by previous graduates of this program who are experienced Five Element practitioners.

For those physicians ready to incorporate the Five Element approach into their practice, Parts One and Two are recommended. For those who are interested in learning principles and methods of Five Element acupuncture, but currently do not have a setting that is conducive to practicing Five Element acupuncture, Part One is appropriate.

“Jack Worsley’s Five Element approach allows acupuncture to serve in the role of catalyst for psychospiritual transformation. Acting on the causative factor creates a pathway to effect gradual and profound changes in the subtle dynamics that underlie most physical disease processes. I know the system to be of great clinical value. Charles Moss and Ron Puhky bring to the program several decades of clinical expertise and teaching experience. They have tested and applied the essence of Worsley’s information in their own busy practices. They teach with the confidence that success has given them and with the generosity of spirit that befits such a refined dimension of acupuncture.”

*Joseph M. Helms, M.D.
Director, Physician Acupuncture Program
UCLA Continuing Medical Education
Founding President, American Academy of Medical Acupuncture*

Program Structure

Class size is limited to provide ample ‘hands on’ instruction. To allow attendees to match their level of interest and commitment, the 2006 Basic Program is presented in two sections. Part One, taught over four days, will present the philosophical and historical background and the core diagnostic and treatment structure of Five Elements. Patients and class members will be assessed and treated; pulse diagnosis and point location will be emphasized. The program includes 24 hours of videotape for independent study prior to the program and a complete syllabus including a detailed description of the function of points not available elsewhere.

Location

The program is held at the Courtyard Marriott in Solana Beach, California, a seaside community 20 miles north of the San Diego airport. This intimate hotel is one block from the beach while nearby Del Mar has many excellent restaurants and recreational facilities. February temperature is in the high 60’s.



Accreditation

This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Medical Acupuncture and the Five Element Acupuncture Physician Training Program. The American Academy of Medical Acupuncture is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Medical Acupuncture designates this activity (Part One) for a maximum of 30 hours in Category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the activity.

Tuition and Registration

Tuition for Part One is \$1500; Tuition for Parts One and Two is \$2500 (a saving of \$500 if taken separately). Tuition includes 24 hours of independent study videotape instruction and an extensive syllabus. Payment is due in full by February 1, 2006. A deposit of \$500 is required with the registration form to guarantee admission to the program. For hotel registration contact the Courtyard Marriott directly at 800-BEACH-07. Mention the program to receive the discounted rate of \$119.

APPLICATION FOR ENROLLMENT

Name _____
 Degree _____ Specialty _____
 Address _____
 City _____ State _____ Zip Code _____
 Phone: _____ Fax: _____
 Email: _____

Please sign me up for: Parts One and Two - \$2,500 Part One Only - \$1,500
 Enclosed is my: \$500 Deposit Payment In Full

Please make checks payable to F.E. Training Program. Application and registration fee should be sent to Charles A. Moss, M.D., 8950 Villa La Jolla Drive, Suite A217 La Jolla, California 92037-1711.